

Balanced Homemade Turkey Dog Food. Source: This Mess is Ours

Ingredients

- **3 lbs.** lean ground turkey (85% to 93% lean)
- **2 cups** brown rice (uncooked)
- **4 cups chicken or beef bone broth**
- **1 large** sweet potato, cubed small
- **1 cup** carrots, finely chopped or shredded
- **1 cup** frozen peas
- **1 cup** baby spinach, finely chopped

Cooking Instructions in a 4- quart Crock Pot

Peel and dice the sweet potato

Put turkey in the crock pot and crumble

Add sweet potato

Add rice

Add bone broth

Mix thoroughly and cook on high for 4 hours, stirring occasionally

Add peas and spinach, cook one more hour on high.

Cool completely

Please note, the photo includes eggs and cranberries which I did not add. Maybe next time.

Storage & Portioning

- **Refrigerator:** Store in airtight containers for up to 4 to 5 days.
- **Freezer:** Portion into zip-top bags or containers and freeze for up to 3 months. Thaw in the refrigerator overnight before serving. I do not freeze mine, I want babies to eat fresh.

Crucial Note on Long-Term Feeding: Please ensure your dogs are eating a high protein kibble available all day with plenty of fresh water. This ensures your babies will have all the nutrients and vitamins they need in a balanced diet. I use Purina Pro Plan Puppy Formula Lamb and Rice or my dogs of all ages. I believe the extra protein is vital to their long-term health. Enjoy!!!